



Instructions for Fecal Immunochemical Test (FIT)

- Please ensure that the Patient Identification Card has all information completed.
- Write your full legal name, date of birth and the date your specimen was collected on the sample bottle.
- Indicate your gender on the sample bottle.
- Store the sample bottle at room temperature prior to collection and after.
- Please include a return address on the envelope.



Patient instructions for each stool collection

1. Unfold and place the large collection tissue paper inside the toilet bowl on top of the water (don't use the small absorption pad included in the return envelope – you'll need that later).
2. Have a bowel movement so that your stool falls on top of the collection paper.
NOTE: Do not let the stool touch water.
3. Take a sample of your stool:
 - a) Open the provided sample bottle by gently twisting and lifting the green cap straight out. The sample probe should be attached to the green cap.
 - b) The grooved green tip of the sample probe will be used to take the sample from your stool. **Do not empty the liquid in the sample bottle** (this liquid is a preservative).
 - c) Scrape the surface of the stool with the sample probe. Be sure to cover the grooved portion of the sample probe completely with stool. This is your stool sample.
 - d) Gently insert the cap with sample probe into the sample bottle. Push in the cap until you hear it click into place. Do not reopen. If some sample has gotten on the outside of the bottle, please wipe it off before mailing.
 - e) Collection tissue paper can be flushed.
4. Wrap your sample bottle with the small absorption pad provided and place them inside the plastic bio-hazard bag.
5. Insert the plastic bag into the return envelope provided. Make sure the plastic bag containing the sample and the **Patient Identification Card** are in the envelope before sealing. Seal the envelope. Mail the envelope immediately after collection (within three days).



NOTE: Stool sample must fill the grooved portion of the sample probe.

For more information or questions,
please contact Customer Service at
800-551-0488.

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